

Transcript
Stories of Hope - Joseph

Joseph: When you look to hope, there needs to be something tangible there. My connection to substance use disorder is that I have it and I am now a person in long term sustained recovery from it.

When I don't have anything else, hope can't be intangible. That's not enough.

Let us use this life and this light and these words as a beacon of hope for anyone who is ever considered themselves a lost cause.

Until people started recovering out loud. People like me didn't understand that they had allies out there. That there were spaces that they could go that were safe.

We fight, for the breakers and the broken. For the damaged and the damagers. For the feared and the fearful so that they know that they are not alone. That we are all here hurting and healing together. We fight.

So, when I tell people like poetry saved my life. Hope can save your life, it's not a platitude. I knew that I had something that could help. And I chose to lean into that something. And a good thing came from it.

[End of Audio]
Duration: 90 seconds